

HECAT: Chapter 6

Overview of Modules

Chapter 6 contains modules to address separate health-topic curricula. Each module contains a description of the health topic to be addressed, including the behavioral outcomes that would be relevant for a curriculum in that topic area. Each module is intended to be completed by a curriculum review team. (See Chapter 1, Figure 2 for team assignments.)

The following is a list of Chapter 6 modules currently available:

Module AOD: Alcohol and Other Drugs

Module HE: Healthy Eating

Module PA: Physical Activity

Module T: Tobacco

Additional modules will be integrated as they become available.

Each module uses the National Health Education Standards as the framework for analysis. This framework helps determine the extent to which the curriculum is likely to enable students' mastery of the essential knowledge (Standard 1) and skills (Standards 2–8) that promote healthy behavior.

Because school curricula must meet local community needs and conform to the curriculum requirements of the state or school district, users are encouraged to review the analysis items before using any module to analyze a curriculum. Users should add, delete, or revise items to meet community needs and curriculum requirements.